

# Interfyl<sup>®</sup> Human Connective Tissue Matrix

A Patient's Guide



Arthrex<sup>®</sup> 



## Help for Your Soft-Tissue Injury

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Soft-tissue injuries can occur during athletic activities or in your day-to-day movement. The most common soft-tissue injuries occur to the muscles, tendons, and ligaments, and include sprains and strains. If you have soft-tissue damage, you may experience pain or mobility limitations, which may make it challenging to enjoy the activities you love. Interfyl® human connective tissue matrix is a solution that allows your body to replace and supplement damaged tissue.

### Common locations of soft-tissue injuries:



Back



Hip



Knee



Foot and Ankle



Shoulder



## Heal Your Body Naturally

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Interfyl® human connective tissue matrix uses the power of placental tissue to support your body's natural ability to heal. Steroid injections may provide a short-term reduction of inflammation and pain at the site of your injury, but they do not replace and supplement the damaged tissue. Interfyl connective tissue matrix does, and works by replacing and supplementing the damaged tissue.

## The Power of Placental Tissue

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The donated placental tissue used in Interfyl human connective tissue matrix goes through extensive screening and is processed according to Food and Drug Administration (FDA) and American Association of Blood Banks (AABB) requirements. After processing, Interfyl matrix still retains the important structural and functional characteristics of natural connective tissue. Your doctor will inject Interfyl human connective tissue matrix into the injured area, where it provides support for your body's natural healing process to repair the damaged tissue.

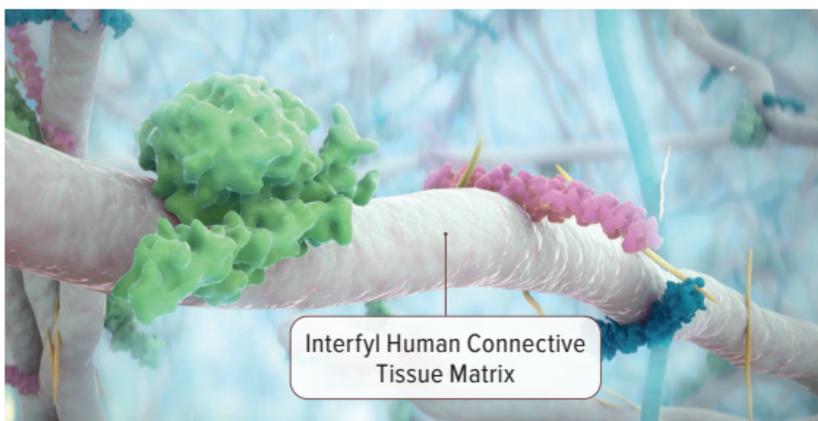
## How Interfyl Human Connective Tissue Matrix Works

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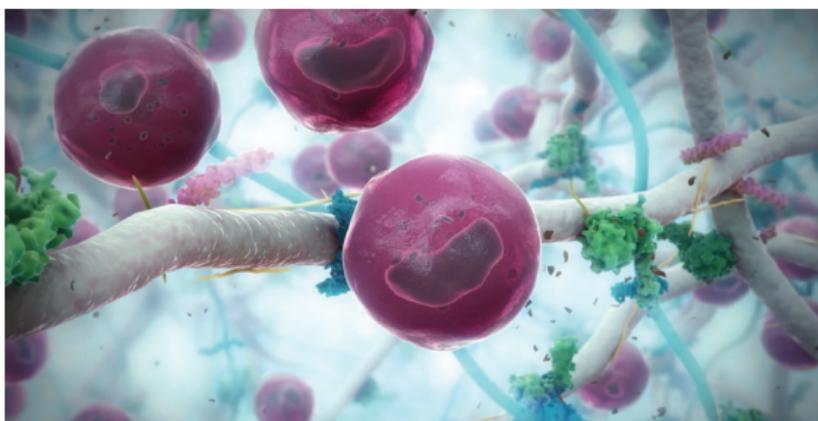
Interfyl human connective tissue matrix is derived from human tissue, which contains proteins and biochemicals that support healing.



If you no longer find that stretching, applying ice, over-the-counter pain medications, injections, or other short-term remedies help to manage your symptoms, it may be time to speak to your doctor about Interfyl connective tissue.



Interfyl connective tissue provides a structural foundation for weak, damaged tissue. The cell-friendly scaffold provides a favorable environment for cell attachment<sup>1</sup>—the first step in natural healing.



Cells migrate and attach to the Interfyl connective tissue scaffold. Your attached cells then support healing and repair damaged tissue.



## What Should I Expect During the Procedure?

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Your doctor can perform this treatment in the office; no surgery is needed.

- Your doctor will numb the affected area of your body, then will use a small needle to inject Interfyl human connective tissue matrix in the area surrounding your damaged or injured tissue.
- Your doctor may recommend ways to help you manage any discomfort you experience after the procedure.
- In addition, your doctor may direct you to avoid high-impact activities for several weeks after your procedure.

Speak with your physician or health care provider to determine if you are a candidate for this procedure. Your provider can also answer your questions and discuss important safety information, such as potential side effects.

**Ask your health care provider  
if Interfyl connective tissue matrix  
is right for you.**

### References

1. Pashuck ET, Mao Y, Kim K, John K, Smiell J, Bhatia MB. A human placenta-derived decellularized connective tissue matrix (CTM) supports cellular functions involved in wound healing processes. Paper presented at: Symposium on Advanced Wound Care Fall; October 7-9; Las Vegas, NV.

## Contraindications and Warnings

If you previously had an adverse reaction related to the use of Interfyl connective tissue, do not use.

## Precautions

Interfyl should not be used in clinically infected sites. Do not use Interfyl for intravenous, intra-arterial, intra-ocular or intrathecal applications.

The contents are sterile if the vial/syringe (container) is unopened and undamaged. Do not resterilize. Interfyl must be used prior to the expiration date on the product pouch. Once opened, Interfyl must be used within two hours or discarded per institutional procedures.

## Adverse Effects

Adverse reactions or outcomes that potentially involve the use of Interfyl must promptly be reported to Celularity Customer Service at (844) 963-2273.

The information contained in this brochure is not medical advice and is not meant to be a substitute for the advice provided by a surgeon or other qualified medical professional on the use of these products. You should talk with your physician or health care provider for more information about your health condition and whether Arthrex products might be appropriate for you. The surgeon who performs any surgical procedure is responsible for determining and using the appropriate techniques for surgical procedures on each individual patient. Arthrex recommends that surgeons be trained on the use of any particular product before using it in surgery. A surgeon must always rely on their own professional medical judgment when deciding whether to use a particular product when treating a particular patient. A surgeon must always refer to the package insert, product label, and/or directions for use before using any Arthrex product. Postoperative management is patient-specific and dependent on the treating professional's assessment. Individual results will vary and not all patients will experience the same postoperative activity level or outcomes. Products may not be available in all markets because product availability is subject to the regulatory approvals and medical practices in individual markets. Please contact Arthrex if you have questions about the availability of products in your area.

# Interfyl®

Human Connective Tissue Matrix  
A Celularity Innovation

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