

# IntraOsseous BioPlasty® (IOBP®) Technique

Same-Day, In-Clinic Procedure

Subchondral bone marrow lesions (BMLs) are important to identify and treat, as they are highly predictive of the need for total knee arthroplasty (TKA).<sup>1</sup>

#### OA is associated with:

- Presence of BMLs
- Pain or aching
- Stiffness
- Decreased range of motion (flexibility)
- Swelling
- TKA

More than

\$27 billion

in annual medical costs to treat osteoarthritis (OA)<sup>2</sup>

32.5 million

experience OA<sup>3</sup>

They are

4.5-6×

more likely to have mobility limitations due to OA<sup>1</sup>

## The IOBP Procedure: A Viable Treatment Option for OA and BML Symptoms

#### Clinical studies support the IOBP procedure's ability to:

- Decrease BML size<sup>4</sup>
- Reduce the necessity of TKA<sup>5</sup>
- Improve knee health<sup>6</sup>





#### Deferences

1. McDonough CM, Jette AM. The contribution of osteoarthritis to functional limitations and disability. Clin Geriatr Med. 2010;26(3):387-399. doi:10.1016/j.cger.2010.04.001 2. Ong KL, Runa M, Lau E, Altman RD. Cost-of-liness of knee osteoarthritis: potential cost savings by not undergoing arthroplasty within the first 2 years. Clinicoecon Quictoreas Res. 2019;11:245-255. doi:10.1241/CEQR.5170119 3. Centers for Disease Control and Prevention. Osteoarthritis: Published June 12, 2023. Accessed January 8, 2024. http://dc.gov/arthritis/basics/osteoaorthritis.htm 4. de Castro LC, Henares-Esguerra EL, Olivia S Tamayo-Shih MB, Wang D, Chang Chien GC. Photoactivated leucocyte-rich platelet-rich plasm treatment in reduction of bone marrow edema in hip osteoarthritis. Regen Med. 2022;17(8):521-531. doi:10.2217/irme-2021-0165 5. Scher C, Craig J, Nelson F. Bone marrow edema in the knee in osteoarthrosis and association with total knee arthroplasty within a three-year follow-up. Seletol Radiol. 2008;37(7):609-617. doi:10.1007/S00256-008-0504-6. 6. Scherber. M. pelagod D. Sánchez, P. et al. Combination of intra-articular and intraossociation in prictical regional and intraossociation and intraossociation of intra-articular and intraossociation in prictical regions of platelet-rich plasma for severe knee osteoarthritis: a pilot study. Biomed Res Int. 2016;2016;4868613. doi:10.1155/2016/4868613. T. Hernigou PH, Mathieu G, Poignard A. Percutaneous autologous bone-marrow grafting for nonunions. Surgical technique. J Bone Joint Surg Am. 2006;88 Suppl 1 Pt 2:322-7. doi:10.1016/S016/4868613.

### **IOBP Procedure May Improve Quality of Life**



of patients showed an improvement in pain and quality of life<sup>6</sup>



of patients saw an improvement in function in sports and recreational activities<sup>6</sup>



88% of patients showed bone repair after undergoing the IOBP procedure<sup>7</sup>



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