

# Wrist Plating System

A Comprehensive Solution for Distal Radius Fracture Management



**Arthrex**® 

# Wrist Plating System

The Wrist Plating System provides a comprehensive solution for distal radius fracture management. Narrow, standard, and wide plates are available in multiple shaft lengths. A variety of screw fixation options, aiming guides, and instrumentation allow for customizing according to the surgeon's needs and the complexity of the fracture.

## Advantages

### ■ Anatomic

Plates have been designed to fit the anatomy and contours of the distal radius for a low-profile repair and anatomic reduction of the fracture.

### ■ Comprehensive

Multiple plating options include a comprehensive volar plate selection as well as dorsal plates, radial styloid plates, peri-articular plates, L-plates, and a dorsal spanning plate.

### ■ Options

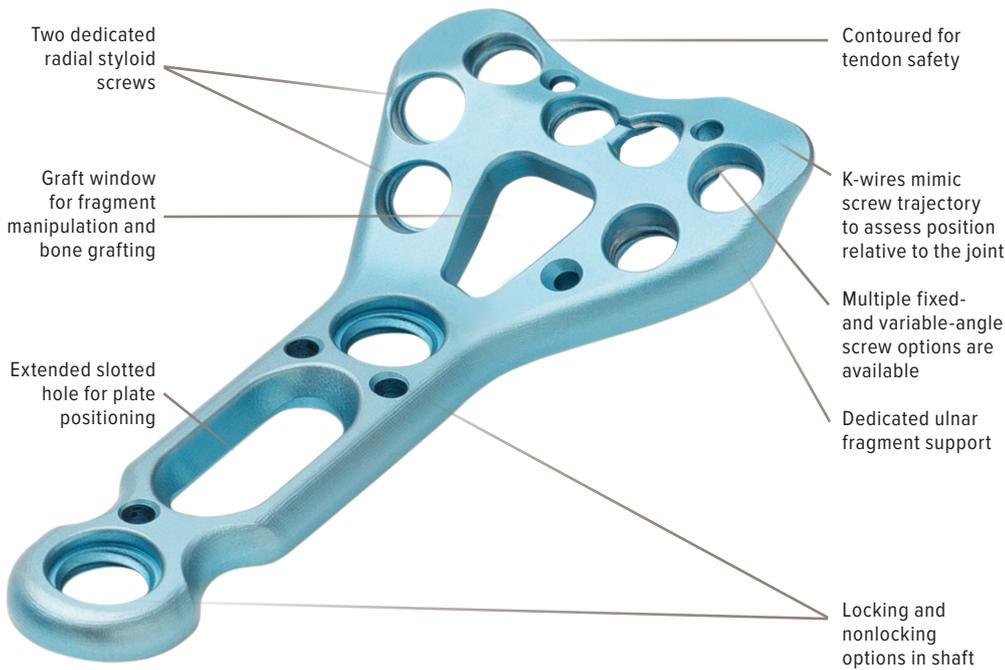
Fracture patterns pose unique challenges and the variety of fixation options included provides multiple solutions for even the most complex fractures.

### ■ Straightforward Instrumentation

The instruments for the 2.4 mm and 3.5 mm screws are easy to identify in specific modules. The screws sit in a graduated tray to ensure the proper length is given to the surgeon.



## Features – Volar Distal Radius Plate



### PEEK Aiming Guide



### Fixed-Angle Drill Sleeves



### Variable-Angle Drill Guide



## Features – Fragment-Specific Plates



Ulnar Styloid Plate  
AR-8956-01



Volar Hook Plate  
AR-8916VH



Dorsal Distal Radius  
Plate – AR-8916DSL



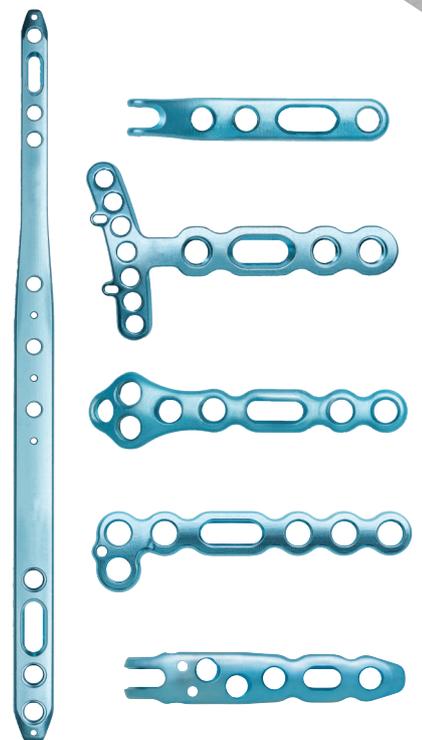
Spanning Plate  
AR-8916SPN



Dorsal L-Plate  
AR-8952ML



Radial Styloid Plate  
AR-8916RSTY



## Ordering Information

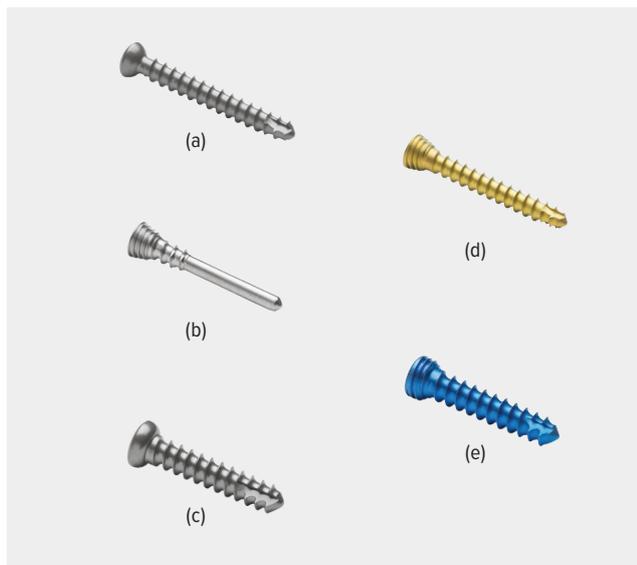


### Wrist Plating System (AR-8916S)

Product Description	Item Number
<b>Aiming Guides</b>	
Aiming Guide, narrow, right	AR-8916-03
Aiming Guide, narrow, left	AR-8916-04
Aiming Guide, standard, right	AR-8916-01
Aiming Guide, standard, left	AR-8916-02
Aiming Guide, wide, right	AR-8916-20
Aiming Guide, wide, left	AR-8916-15
<b>Instrumentation for 2.4 mm VAL and Cortical Screws</b>	
Drill Bit, graduated, 1.7 mm	AR-8916-14
Drill Guide, VAL, 2.4 mm	AR-8916-21
Drill Guide (Aiming Guide), 2.4 mm	AR-8916-09
Drill Guide, locking, 2.4 mm	AR-8950-04
Drill Sleeve, 1.7 mm	AR-8916-18
Depth Probe (Drill Guide), 2.4 mm	AR-8916-08
Depth Guide, 2.4 mm screws	AR-13120G-02
Drive Shaft, T8 hexalobe, self-retaining	AR-8916-27
Screwdriver, T8 hexalobe, solid	AR-8916-22
<b>Instrumentation for 3.5 mm Locking and Cortical Screws</b>	
Drill Guide, threaded, 3.5 mm × 30 mm	AR-8916-07
Drill Sleeve, 2.5 mm	AR-8963-06
Drill Bit, calibrated, 2.5 mm	AR-8916-06
Plate Elevator, threaded, 3.5 mm × 30°	AR-8916-12
Depth Guide, 2.7 mm, 3.5 mm, and 4.0 mm screws	AR-8943-15
Drive Shaft, T15 hexalobe, solid, QC	AR-8941DH
Screwdriver, T15 hexalobe	AR-8943-10

Product Description	Item Number
<b>Instrumentation</b>	
Plate Bending Iron	AR-8916-10
Torque-Limiting Screwdriver for 2.4 mm Locking Screws	AR-8916TL-011
Ratcheting Handle, QC, cannulated	AR-8950RH
Holding Sleeve for 2 mm/2.4 mm Screws	AR-8920H
Holding Sleeve for 2.7 mm, 3.5 mm, and 4 mm Screws	AR-8943-11
Freer Elevator	AR-8943-19
Sharp Hook	AR-8943-21
Hohmann Retractor, 8 mm	AR-13120
Hohmann Retractor, 15 mm	AR-8943-22
Screw Holding Forceps, self-retaining	AR-8941F
Drill Guide, 2.5 mm/1.7 mm	AR-8916-23
Bone Reduction Forceps w/ Teeth	AR-4160FT
Periosteal Elevator, curved blade, 6 mm	AR-8943-20
Lobster Claw	AR-8943-23
Wrist Plating System Case	AR-8916C
<b>Optional</b>	
Plate Distractor for 3.5 mm Screw and BB-Tak	AR-8916-19
Locking Post, distractor	AR-8916-13
3.5 mm Cortex Screw Post	AR-8916DCS-18
Distractor Caddy Base and Lid	AR-8916C-25

## Ordering Information



Product Description	Item Number
<b>2.4 mm Screws</b>	
VAL Screw, titanium, locking, 2.4 mm × 8 mm-34 mm (d)	AR-8724V-08 – 34
VAL Near Cortex Screw, titanium, locking, 2.4 mm × 8 mm-34 mm (b)	AR-8916VNC-08 – 34
Cortex Screw, titanium, 2.4 mm × 8 mm-34 mm (2 mm increments) (a)	AR-8916CX24-08 – 34
<b>3.5 mm Screws</b>	
Locking Screw, titanium, 3.5 mm × 10 mm-20 mm (2 mm increments) (e)	AR-8735L-10 – 20
Cortical LPS Screw, titanium, 3.5 mm × 10 mm-14 mm (1 mm increments)	AR-8735-10 – 14
Cortical LPS Screw, titanium, 3.5 mm × 16 mm-20 mm (2 mm increments) (c)	AR-8735-16 – 20
<b>Disposables</b>	
Guidewire w/ Trocar Tip, 1.35 mm	AR-8943-01
BB-Tak, 1.6 mm, qty. 3	AR-13226

Product Description	Item Number
<b>Plates</b>	
Volar Distal Radius Plate, narrow, right, 3H	AR-8916VNR-03
Volar Distal Radius Plate, narrow, left, 3H	AR-8916VNL-03
Volar Distal Radius Plate, narrow, right, 5H	AR-8916VNR-05
Volar Distal Radius Plate, narrow, left, 5H	AR-8916VNL-05
Volar Distal Radius Plate, narrow, right, 7H	AR-8916VNR-07S*
Volar Distal Radius Plate, narrow, left, 7H	AR-8916VNL-07S*
Volar Distal Radius Plate, narrow, right, 9H	AR-8916VNR-09S*
Volar Distal Radius Plate, narrow, left, 9H	AR-8916VNL-09S*
Volar Distal Radius Plate, standard, right, 3H	AR-8916VSR-03
Volar Distal Radius Plate, standard, left, 3H	AR-8916VSL-03
Volar Distal Radius Plate, standard, right, 5H	AR-8916VSR-05
Volar Distal Radius Plate, standard, left, 5H	AR-8916VSL-05
Volar Distal Radius Plate, standard, right, 7H	AR-8916VSR-07S*
Volar Distal Radius Plate, standard, left, 7H	AR-8916VSL-07S*
Volar Distal Radius Plate, standard, right, 9H	AR-8916VSR-09S*
Volar Distal Radius Plate, standard, left, 9H	AR-8916VSL-09S*
Volar Distal Radius Plate, wide, right, 3H	AR-8916VWR-03
Volar Distal Radius Plate, wide, left, 3H	AR-8916VWL-03
Volar Distal Radius Plate, wide, right, 5H	AR-8916VWR-05
Volar Distal Radius Plate, wide, left, 5H	AR-8916VWL-05
Volar Distal Radius Plate, wide, right, 7H	AR-8916VWR-07S*
Volar Distal Radius Plate, wide, left, 7H	AR-8916VWL-07S*
Volar Distal Radius Plate, wide, right, 9H	AR-8916VWR-09S*
Volar Distal Radius Plate, wide, left, 9H	AR-8916VWL-09S*

\*Sterile only.

### Fragment-Specific System (AR-8916FS)

Product Description	Item Number
Titanium Fragment-Specific System Base and Lid	AR-8916C-21
<b>Instruments</b>	
Drill Guide, parallel, volar hook plate, 1.7 mm,	AR-8916-26
Pliers, needlenose, qty. 2	AR-8916-24
<b>Plates</b>	
2H L-Plate, Ti, right, 5H, 2.4 mm	AR-8952ML-05R
2H L-Plate, Ti, left, 5H, 2.4 mm	AR-8952ML-05L
Wrist Spanning Plate, Ti, 9H	AR-8916SPN
Radial Styloid Plate, 5H, 2.4 mm	AR-8916RSTY-05
Ulnar Styloid Plate, 2.4 mm	AR-8956-01
Volar Hook Plate, 4H	AR-8916VH-04
Volar Hook Plate, 6H	AR-8916VH-06
Dorsal Distal Radius Plate, standard, right, 4H	AR-8916DSR-04
Dorsal Distal Radius Plate, standard, left, 4H	AR-8916DSL-04
Dorsal Distal Radius Plate, narrow, right, 4H	AR-8916DNR-04
Dorsal Distal Radius Plate, narrow, left, 4H	AR-8916DNL-04







This description of technique is provided as an educational tool and clinical aid to assist properly licensed medical professionals in the usage of specific Arthrex products. As part of this professional usage, the medical professional must use their professional judgment in making any final determinations in product usage and technique. In doing so, the medical professional should rely on their own training and experience and should conduct a thorough review of pertinent medical literature and the product's directions for use. Postoperative management is patient-specific and dependent on the treating professional's assessment. Individual results will vary and not all patients will experience the same postoperative activity level or outcomes.

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